

BIO: TIERAONA LOW DOG, M.D.

Dr. Low Dog's extensive career in studying natural medicine and its role in modern health care began more than 30 years ago. Prior to attending medical school, she studied massage therapy, midwifery, herbal medicine and martial arts. After extensive experience with botanicals she went on to receive her Doctor of Medicine degree from the University of New Mexico School of Medicine. She currently serves as the Fellowship Director for the Arizona Center for Integrative Medicine and Clinical Associate Professor of Medicine at the University of Arizona Health Sciences Center.

In addition to her work as a clinician and educator, Dr. Low Dog has been involved in national health policy and regulatory issues for more than a decade. In 2000, President Bill Clinton appointed Dr. Low Dog to the White House Commission of Complementary and Alternative Medicine and was then appointed to the Scientific Advisory Board member for the National Institutes of Health National Center for Complementary and Alternative Medicine (NCCAM) and now serves on their Board of Scientific Councilors. She chaired the United States Pharmacopoeia Dietary Supplements and Botanicals Expert Information Committee from 2000-2010 and now serves of chair of the Dietary Supplements sub-committee on safety, where she helps oversee the evaluation of the safety of commonly used dietary supplements.

Her many honors of distinction in recognition of her work with integrative medicine include the Martina de la Cruz medal for her work with indigenous medicines (1998), Time magazine's "Innovator in Complementary and Alternative Medicine" (2001), Bioneer's award for Outstanding Contribution to Medicine (2002), the Burt Kallman Scientific Award (2007) and NPR's People's Pharmacy Award for Excellence in Research and Communication for the Public Health (2010). Dr. Low Dog also holds the rank of third degree black in Tae Kwon Do.

Dr. Low Dog has been an invited speaker at more than 500 scientific/health conferences, has more than 30 publications to her credit, has written 13 chapters for medical textbooks, has written two books and was co-editor for *Integrative Women's Health*, part of the Weil series of textbooks published by Oxford University Press. She serves on the editorial boards of Menopause, Explore, Alternative Therapies in Health and Medicine, Prevention, HerbalGram and the Kaiser Permanente Journal. She has appeared on ABC's 20/20, CNN, is a frequent guest on NPR's The People's Pharmacy and has a regular column entitled "Smart Talk on Supplements" in Alternative and Complementary Therapies.