

“The Medicalization of Life”



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“Life Is Your Best Medicine”

&

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Description:

The Medicalization of life refers to "society's growing trend to classify more and more life problems as medical problems. It seems like there is a pill for every problem and endless “direct to consumer” advertisements with solutions just a doctor's visit away. Dr. Low Dog will explore the evidence for more natural solutions to equip and empower each person as well as how to sort through all the mixed messages on health.



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Objectives:

- 1) Participants will be able to identify two areas where normal life processes are pathologized.
- 2) Participants will be able to discuss the state of evidence for pharmaceutical and non-pharmaceutical treatments for depression.
- 3) Participants will be able to discuss the state of evidence for two dietary supplements purported to enhance breast size and enhance libido.
- 4) Participants will be able to discuss the evidence for two lifestyle interventions for reducing the risk of cardiovascular disease and hip fracture.