

Tieraona Low Dog, MD

Bio

From a young age, Dr. Tieraona Low Dog has been deeply drawn to the natural world and the field of natural medicine. Her academic journey encompasses a diverse range of disciplines including massage therapy, martial arts, midwifery, and herbal medicine, before going to earn her medical degree from the University of New Mexico School of Medicine.

Her career is characterized by her advocacy for health care that is not only compassionate and effective but also equitable and mindful of environmental sustainability. She is the Founding Director of the [Medicine Lodge Academy](#), a school dedicated to the advancement of natural medicine through both online and in-person educational offerings offered for both clinicians and health enthusiasts alike.

As a pioneer in the field, Dr. Low Dog not only served as a founding member of the American Board of Physician Specialties' American Board of Integrative Medicine; but she was also among the first cohort of physicians to be board certified in this newly emerging field. Her leadership extends to her tenure as Director of the first Inter-professional Fellowship in Integrative Health and Medicine, Fellowship Director for the University of Arizona's Center for Integrative Medicine that was founded by Andrew Weil, MD, and Co-Founder and guiding teacher for the New York Zen Center's Fellowship in Contemplative Medicine. She currently oversees the Fellowship of Integrative and Functional Medicine at the University of California-Irvine's Susan Samueli Integrative Health Institute.

Dr. Low Dog's dedication to public service is exemplified by her appointments to significant positions, including her service on the White House Commission for Complementary and Alternative Medicine Policy by President Bill Clinton and her advisory role at the NIH National Center for Complementary and Alternative Medicine, being appointed by HHS Secretary Thompson under President George W. Bush. Her leadership has been instrumental in her long-standing role (25 years) as Chair for various dietary supplements and botanicals expert panels at the United States Pharmacopeia.

Recognized as a foremost authority in integrative medicine, women's health, dietary supplements, and herbal medicine, her scholarly work encompasses over 54 peer-reviewed scientific articles, 25 chapters in medical textbooks, and numerous authoritative books on health and medicine. Dr. Low Dog's global influence is highlighted by her participation in over 600 medical and scientific conferences worldwide.

Throughout her career, Dr. Low Dog has received numerous accolades in recognition of her work and contributions to the field of integrative and complementary medicine. These honors include being named an "Innovator in Complementary and Alternative Medicine" by Time magazine, alongside awards from NPR's The People's Pharmacy, the New York Zen Center, and the American Herbal Products Association, among others. Her commitment to excellence in research, education, and patient care continues to inspire and impact the field of integrative medicine globally.